

Case History Intake Form

Name: _____ Date: _____

Date of Birth: _____ Telephone: _____

Address: _____

Email Address: _____

How did you hear about us? _____ Occupation: _____

What are your goals for today's treatment? _____

Health History:

Have you had a manual osteopathic treatment before? __ Yes __ No

If yes, for what? _____

Are you currently being treated by a Chiropractor or Physical Therapist? Yes No

Any injuries within the past 72 hours? __ Yes __ No Explain _____

Past Surgeries _____ Date _____

Medications/Supplements/Drugs _____

Allergies _____

Please indicate Current conditions with a **C** and Previous with a **P**:

Respiratory:

___ Chronic cough

___ Shortness of breath

___ Bronchitis/Asthmas

___ Sinus infections

___ Emphysema

___ Smoke/Vape

Cardiovascular:

___ Cold hand/feet

___ High/low blood pressure

___ CCHF or Heart Attack

___ Varicose veins or phlebitis

___ Poor healing of wounds

___ Stroke/CVA

___ Pacemaker or other devices

___ Swelling in hands/feet

Skin:

___ Bruise easily

___ Rash/open sore/warts

___ Sensitivities/allergies: _____

___ Contagious skin disease

Digestive:

___ Constipation

___ Nausea/vomiting

___ Ulcers/blood in stool

___ Liver/kidney problems

___ Quick weight lose/gain

___ Appetite changes

___ Ulcerated colitis/Crohn's/IBS

Infections:

___ Hepatitis

___ Tuberculosis

___ HIV

Head and Neck:

- ☐ Tension/migraine headaches
- ☐ Tinnitus (ringing in ears)
- ☐ Tooth/jaw/ear pain
- ☐ Vision problems/loss

- ☐ Hearing loss
- ☐ Dizziness/lightheaded
- ☐ Other: _____

Soft tissue/Joint/Nerve:

- ☐ Fibromyalgia
- ☐ Arthritis __RA__OA
- ☐ Herniated disc(s) Level____
- ☐ Osteoporosis
- ☐ Fracture (where:_____)
- ☐ Thoracic Outlet Syndrome
- ☐ Head trauma/concussion
- ☐ Whiplash/car accident
- ☐ Neck pain/stiffness/injury/numbness
- ☐ Shoulder pain/stiffness/injury
- ☐ Arm pain/weakness/tingling
- ☐ Back pain/stiffness/injury
- ☐ Leg pain/weakness/injury
- ☐ Knee or foot pain/injury
- ☐ Tendonitis/Tenosynovitis
- ☐ Bursitis or dislocations

- ☐ Sport/work related injury
- ☐ Carpel tunnel syndrome

Women:

- ☐ Pregnant (due:_____)
- ☐ Painful menstruation
- ☐ Hysterectomy
- ☐ Birth control
- ☐ C-section

Other Conditions:

- ☐ Loss of sensation
- ☐ Diabetes (onset/type:_____)
- ☐ Epilepsy
- ☐ Insomnia
- ☐ Depression/Anxiety
- ☐ Multiple Sclerosis
- ☐ Cancer (onset/type: _____)
- ☐ Other: _____

Other Questions:

- ☐ I get a good night sleep
- ☐ I eat a well-balanced diet
- ☐ I have low energy
- ☐ I feel good about life

Additional information: _____

Current Condition:

Please describe your current pain _____

How long have you had this pain? _____

How did it start: _____

What aggravates it: _____

What relieves it: _____

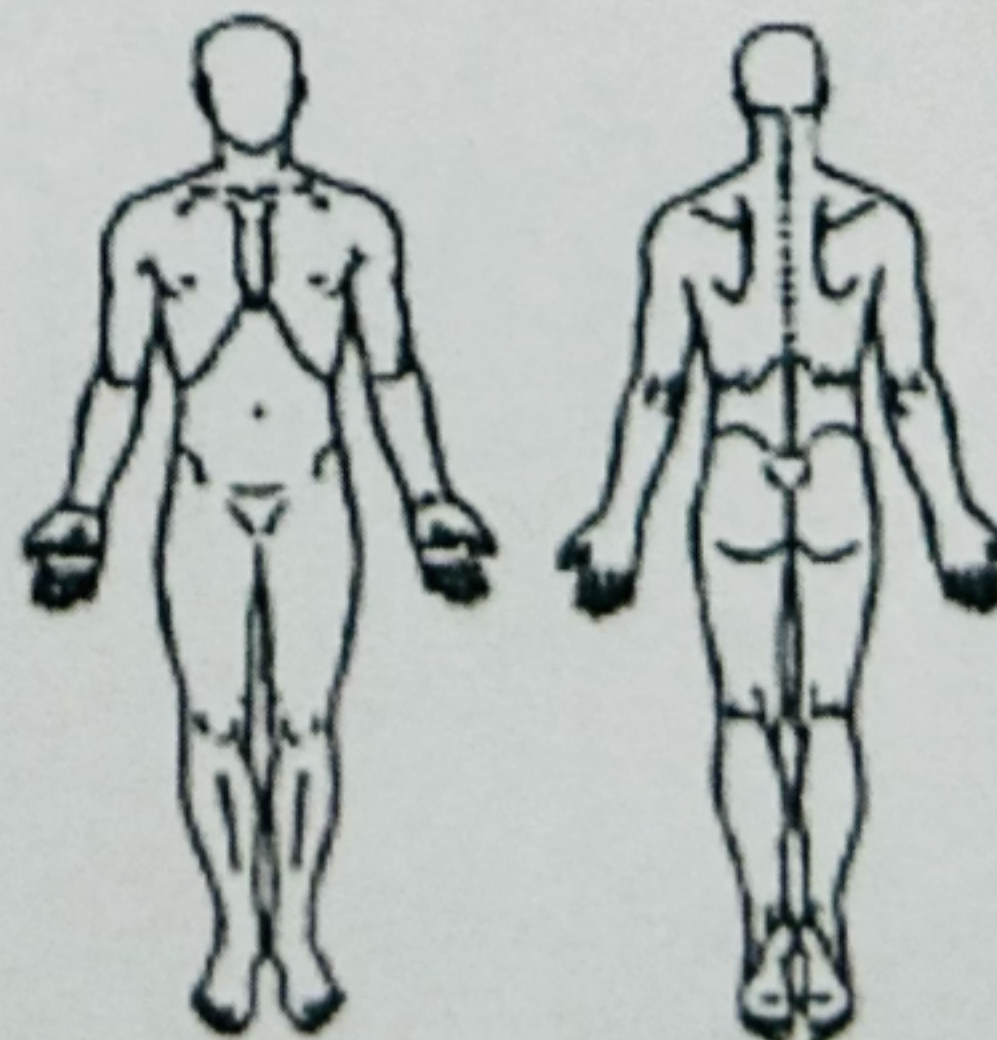
Signature: _____

Date: _____

Therapist: _____

Date: _____

Please indicate on the diagram the nature of your symptoms, using the symbols indicated:



- | | |
|-------------------------|-------|
| Aching | ○ ○ |
| Stabbing | X X X |
| Shooting | → → |
| Burning | ### |
| Numbness
or Tingling | = = |