



Informed Consent

Please note that this form must be signed prior to your first appointment.

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your clinician, Han Ping Helen Cen ND, will take a thorough case history, perform a physical examination, which can include a breast exam, and take blood and urine samples. If your case requires, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams.

There are some slight potential risks associated with treatment by naturopathic medicine. These include but are not limited to:

- ♦ Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs the duration is usually short.
- ♦ Some patients experience allergic reactions to certain supplements and herbs. Please advise your clinician of any allergies you may have.
- ♦ Pain, bruising or injury from venipuncture or acupuncture or parental therapy.

It is very important that you inform your Naturopathic Doctor immediately of any disease process from which you are suffering and any medications/over the counter drugs that you are currently taking. Please advise your Naturopathic Doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient, you will receive information about your diagnosis and/or treatment, alternative courses of action, the material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon.

The Naturopathic Doctor is trained to handle emergencies should the need arise.

I understand:

- That naturopathic treatments and conventional treatments are not mutually exclusive and therefore I am free to seek or continue medical care from a qualified physician.
- The clinic does not guarantee treatment results.
- That my Naturopathic Doctor will explain to me the exact nature of any treatment provided and will answer any questions I may have.
- I am free to withdraw my consent and to discontinue treatment at any time.

Patient or Lawful Representative Signature

Date signed

Full Name Printed